



Greetings from the Office of the Secretary-Treasurer of the IAES. Yes, I am a little behind in writing the *Christmas 2019 Newsletter*. So instead, let us ring in the year 2020 together. On behalf of the IAES Council, our thoughts turn to those of our colleagues and their families effected by the bushfires in Australia and the tensions and conflicts that surround our world today. Let us hope that 2020 will bring peace and hope to all throughout this world.



## 21<sup>st</sup> Meeting of the IAES

@ the 49th World Congress of Surgery  
Kuala Lumpur, Malaysia  
August 29 – Sept 2, 2021  
[www.ISS-SIC.com](http://www.ISS-SIC.com)



19<sup>th</sup> IAES PostGraduate Course  
May 15-16, 2020  
Singapore  
<https://iaes2020.com/>



17<sup>th</sup> Biennial Congress of the Asian  
Association of Endocrine Surgeons  
March 5 - 7, 2020  
Melbourne, Australia



41<sup>st</sup> Annual AAES Meeting  
April 4-6, 2020  
Birmingham, AB, USA  
[www.endocrinesurgery.org](http://www.endocrinesurgery.org)



This past year we met for the 20th meeting of the International Association of Endocrine Surgeons in Kraków, Poland. For those in attendance, the overall feeling was it was one of our best meetings in recent memory. Not only were the scientific papers, posters, and panel discussions topical, entertaining and insightful, the city of Kraków was a wonderful and welcoming venue. Highlights of the meeting would have to include the **Peter Heimann Lecture** given by **Dr. Megan Haymart**, an endocrinologist from the University of Michigan. Having Dr. Haymart attend our sessions added a bonus, as she enlightened us, educated us and brought a different perspective to the treatment of thyroid cancer.



**Dr. Jerry Doherty's** presidential address, soon to be published in the *World Journal of Surgery*, was inspiring for both the the young and and young at heart endocrine surgeons in the audience.



The State-of-the-Art Lectures highlighted the diversity and ever-evolving changes in the field of endocrine surgery. From **Dr. Peter Stalberg's** historical address on neuroendocrine tumours to **Dr. Carrie Lubitz's** exciting work in the field of thyroid cancer

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Parathyroid Fluorescence  
February 26-28, 2020  
Lausanne, Switzerland  
[www.parathyroid-symposium.ch](http://www.parathyroid-symposium.ch)

## 2019 IAES Award Winners

**Charles Proye Award**  
Best Clinical Podium  
Presentation  
*James Taylor*

**Selwyn Taylor Award**  
Best Basic Science Podium  
Presentation  
*Steven Craig*

**John Farndon Award**  
Best Clinical Poster  
*Polina Kniazeva*

**Michael Brauckhoff Award**  
Best Scientific Poster  
*Grace Kwok*

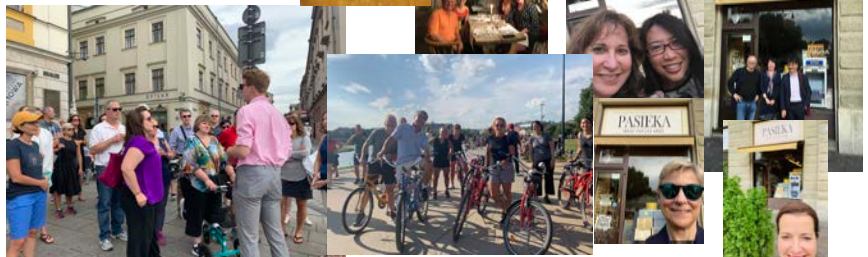
care. The two panel sessions; one on surgeon's well-being and the other on endocrine surgery without utilization of high-tech instruments were well attended and from the discussion that followed, quite thought-provoking.



The surgical scientists among us, who gave a brief outline of their work at the IAES sponsored luncheon, clearly demonstrated there is a bright future in the field of endocrine surgery.



The meeting also provided a great opportunity for our members to explore the surrounding area and historical sites.



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Marcin Barczynski  
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Thanks to **Dr. Marcin Barczynski** our LOC, the Gala Dinner was filled with the opportunity to catch up with old friends and make new ones.

**Dr. Akira Miyauchi** (Japan) has assumed the position of President of the



IAES. **Dr. Jan Zedenius** (Sweden) was elected as President-Elect. We welcome three new counsellor members **Dr. Marcin Barczynski** (Poland), **Dr. Barb Miller** (USA) and **Dr. Ines Borel-Rinkes** (Netherlands) to the group.



Our **INTEREST Program** continues to flourish under the leadership of **Dr. Rob Parkyn**. Two very successful programs to Viet Nam and Malaysia were carried out in the latter part of the year. In November, The Central Hospital in Hue and National Cancer Hospital in Hanoi, Viet Nam were visited by our Swedish colleagues **Drs. Kenth Johansson** and



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### Bo Wängberg.



Hue has previously been part of the INTEREST program but this was the first visit in Hanoi. In both cities we were very well received with a generous, open minded and friendly attitude.

The training comprised lectures, case presentations and activities in the operating theatres. Active discussions on challenging situations were encouraged and difficult cases from the two hospitals were highlighted. Participants were endocrine surgeons, urologists managing adrenal tumours, head and neck specialists, radiologists and oncologists. Both hospitals expressed a wish to continue this exchange. Despite limited

resources, they perform a high standard of care in the area of endocrine surgery and we also learned a lot from the visits with many valuable insights to bring home.



The 7<sup>th</sup> Malaysian Breast and Endocrine Surgery Course took place in October 2019 at the Waterfront Hotel, Kuching, Sarawak. **Drs. Jesse Pasternak** (Canada) and **Schelto Kruijff** (Netherlands) travelled to the remote Malaysian city Kuching on the island of Borneo. 178

subspecialty surgeons took part in the 3-day event. The course featured the motto, “exploring possibilities, unraveling certainties.”

Changing venues from the previous year in the capital, Kuala Lumpur, the course was held on the world's second largest island, home to a jungle and many endemic animals including the native Orangutang. The main organizer and hosts were **Dr. Adibah Ali** who resides in the local city of Kuching, supported by her advisors **Drs. Imi Sairi Ab Hadi** and Rohaizak Muhammad and Nik Azim Nik Abdullah. Collaborating with a course such as this provided Malaysian surgeons performing endocrine



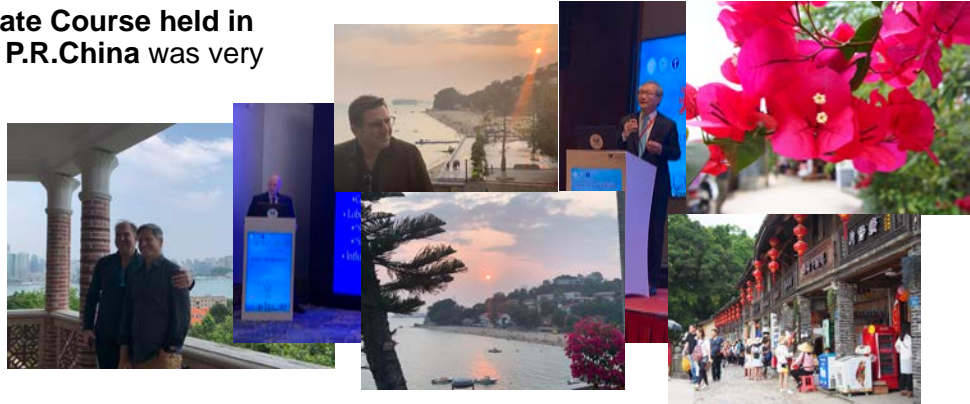
surgery with a framework with which to obtain the professional development in the area of surgical endocrinology. It was felt among participants that the divestment of the IAES support for this partnership has had a serious effect on the viability of the endocrine surgery since this educational initiative began 7 years ago.



Thank you to all the IAES members who have taken the time out of their busy practises to participate in this course over the years. It has exceeded our expectations and is a model for future INTEREST programs going forward. The INTEREST Program is supported by you, the membership of the IAES. We are, however, grateful for the additional financial support recently received from the ISS Foundation.

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The 18<sup>th</sup> IAES Postgraduate Course held in Xiamen Fujian Province, P.R.China was very successful. Not only did the faculty learn a lot from each other, our Chinese endocrine surgical colleagues also illustrated to us many new and innovative techniques in the field of Endocrine Surgery. All of us enjoyed the wonderful hospitality from **Dr. Wu** and his colleagues. After a very intense two and a half days of lectures, our hosts treated us to a wonderful visit in the historical Kulangsu island.



The 19<sup>th</sup> IAES Postgraduate Course in Endocrine Surgery will be held Singapore May 15 - 17, 2020. **Drs. Keat Cheah and Rajeev Parameswaran** have been working hard to organize a successful course. Registration is now open. <https://iaes2020.com/>

Our IAES website continues to be updated, and it is the goal of the Council to have this site filled with useful and educational material for all endocrine surgeons worldwide. To date, the biographic sketches of our past presidents is near completion. A current calendar for all meetings of interest to our group is constantly being updated. The contact information for all Endocrine Surgical Fellowship will be soon completed. Check out the 'Article of the Month' feature. This has been featuring a recently published article with an accompanied editorial by one of the councillors. Coming soon will be educational videos on surgical procedures. Anyone who has a video they would like us to consider for the education video section, please forward it to [f.palazzo@imperial.ac.uk](mailto:f.palazzo@imperial.ac.uk) for consideration,

### An IAES Historical Vignette

**DID YOU KNOW?** The Norwegian surgeon Roar Strøm reported a case of a gastrinoma three years before Zollinger and Ellison's landmarked article?

Dr. Roar Strøm (1903–1958), a Norwegian surgeon and head of the Department at Rogaland County Hospital in Stavanger-Norway between 1945–1956, published in 1952 a detailed medical history in the *Acta Chir Scand*:1952;104:252-260. He had surgically treated a 32-year old man with recurrent peptic ulcer disease and a pancreatic tumour. Unfortunately, he did not appreciate any association between the peptic ulcer disease and the removed pancreatic tumour, concluding the "simultaneous occurrence of an *insuloma* and *peptic ulcer* is probably coincidence." Although he suggested "this kind of illness could point to, and perhaps shed



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*light on, medical issues of great medical importance, both theoretical and practical”.*

Most endocrine surgeons are well aware that the American surgeons Robert M. Zollinger and Edwin H. Ellison published their seminal report in *Annal Surgery* in 1955. Presented at the American Surgical Association, this paper described their observations on two similar patients, where they suggested that “*an ulcerogenic humoral factor of pancreatic islet origin*”. In 1956, before the discovery of gastrin, this entity was named Zollinger-Ellison-Syndrome (ZES), as suggested by Drs. B. Eiseman and R.M. Maynard.

Recently **Dr. Jon Arne Søreide** (a longstanding IAES member) reviewed the original material from Strøm’s patient and confirmed that, indeed, Strøm in 1952 unknowingly reported on a surgically treated gastrinoma. *Ann Surg* 2019;270;19-21. Likely, neither Zollinger & Ellison nor Strøm were actually ‘the first’ to describe this entity. The scientific literature comprises a few more or less well described reports on patients who show similar clinical patterns, although some important information may be missing. However, Søreide stated that “*being first should be less important than highlighting the proper questions and suggestions. That is why today we can stand on the shoulders of our fellow surgeons and physicians of the past and hopefully improve patient care and scientific work for the future. Both Drs. Zollinger and Ellison, and also Dr. Strøm, should be honoured for their great and important contributions in this regard.*”

### *Staying connected with the IAES*

Email correspondence is our form of communication with the IAES membership. Please help us stay connected with you by logging onto the IAES website at: [www.iaes-endocrine-surgeons.com](http://www.iaes-endocrine-surgeons.com) and reviewing your membership profile. Be sure to keep our office informed if you have any changes with your membership profile.

*All the best to you and your family in 2020.  
See you in Kuala Lumpur 2021, or hopefully, long before that...  
JP*

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ABRAHAM, Earl Australia	*HILLARY, Sarah United Kingdom	NILSSON, Inga-Lena Sweden
*ADHAMI, Mohammadmehdi Australia	ISAACS, Kim Australia	*PANDIAN, T.K. USA
ALESINA, Pier Italy	*JERAQ, Mohammed Kuwait	PARAMESWARAN, Rajeev British
*BABAZADEH, Nasim USA	*KHOKAR, Amna USA	*PTASNUKA, Margarita Latvia
*BUNAME, Gustave Tanzania	KIM, Hoon Yub South Korea	RAJAN, Sendhil India
CANTÜRK, Nuh Zafer Turkey	KUO, Jennifer USA	RAPPOPORT WURGAFT, Daniel Chile
CLEMENT, Zackariah Australia	LAM, Tracey New Zealand	SADOWSKI MEYER, Charlotte Switzerland
CONRADIE, Wilhelmina "Ilina" South Africa	*LI, Janet USA	*SELLGREN, Fredrik Sweden
*CRAIG, Steven Australia	*LI, Shimena USA	STARNEs, Hal Fletcher USA
DASKALAKIS, Kosmas Greece	*LIMBERG, Jessica USA	*STEFANOVA, Dessislava USA
*DOUBLEDAY, Amanda USA	LINDEMAN, Brenessa Australia	STUART, Heather Canada
DUEÑAS MUÑOZ, Juan Pablo Columbia	*MBUNDA, Fidelis Tanzania	*TAYLOR, James Australia
*GRAVES, Claire USA	*MIN, Lei China	VERMA, Satyajeet India
*GREENE, Brittany Canada	MITCHELL, Bradford USA	WANG, Robert USA
GUNDARA, Justin Australia	MOORE, Edwina Australia	YADAV, Sanjay India
HAYASHI, Toshitetsu Japan	**MUSHOLT, Petra Germany	YONG, En Loon Charles Malaysia

\* Associate Member  
\*\* Honorary Member

**WELCOME OUR NEW MEMBERS to the IAES**